


## Applying Evidence-Based Practice in Real World Settings I & II:

**Part 1:** Does it work? Can it work?  
Voices from the field.

**Part 2:** Hands on demonstration,  
practice, and discussion




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## Purpose:

- Discuss training model developed at CACMH to train clinicians in EBIs
  - Focus on disruptive behavior disorders
- Part 1
  - Incentives and disincentives of employing EBT from various perspectives
- Part 2
  - Applied segment with focus on manualized skills and role-playing



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## Welcome

- Peter Jensen, MD
- Eliot Goldman, PhD
- Karen Wells, PhD
- Nancy Cunningham, PsyD
- Danielle Heller, LCSW
- Natoshia Raishevich, BA




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## Introductory Comments from the Perspective of a Young Researcher

<ul style="list-style-type: none"> <li>• CBT in research               <ul style="list-style-type: none"> <li>– Heavy grant support                   <ul style="list-style-type: none"> <li>• High client retention rate</li> <li>• Thorough supervision</li> </ul> </li> <li>– Clinicians from similar backgrounds</li> <li>– Client inclusion criteria</li> <li>– Excellent treatment outcome</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• CBT in practice               <ul style="list-style-type: none"> <li>– Difficult to generate financial support                   <ul style="list-style-type: none"> <li>• Training new clinicians</li> <li>• Low client retention rate</li> </ul> </li> <li>– Clinicians from varying backgrounds                   <ul style="list-style-type: none"> <li>• Clinician resistance</li> </ul> </li> <li>– Complex clinical cases</li> <li>– Treatment outcome??</li> </ul> </li> </ul>
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## Introductory Comments

- Do manualized treatments really address all of a child's problems? Comorbidity?
- Best methods for training clinicians?
- Are these approaches too scripted, stilted?
- Other challenges of adapting manual in clinical settings?




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## Center for the Advancement of Children's Mental Health

- Function of the Center
  - Bridge the gap between science and practice
  - Developed model to train clinicians to employ 4 evidence-based interventions
    - Face to face trainings
    - Bi-weekly conference calls/support



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